



Santa Fe **NEIGHBORS** *VECINOS* *de Santa Fe*
Neighbors helping neighbors age independently at home

VOLUNTEER!

Do you have skills you would like to put to good use? The people who volunteer with Santa Fe Neighbors experience the satisfaction that comes with using their skills and talents to make a positive difference in people's lives. The village offers each of us ways to help our neighbors and form new friendships.

Our volunteers are the cornerstone of Santa Fe Neighbors, drawing upon the untapped capacity of people in our communities to support each other. Volunteers can include Village members, their children, students, empty nesters, retirees and many others from the community. Every volunteer is carefully vetted to ensure comfort and assurance for those receiving services.

Why Volunteer with Santa Fe Neighbors?

- You stay active – physically, mentally and socially
- You make a real difference in improving the quality of others' lives
- You can volunteer in you own neighborhood at your convenience
- You 'pay it forward', knowing that someday you may also need support
- Your sense of well-being will be enhanced by volunteering (based on recent medical research)

What Can You Do?

- Be a friend – read, visit, call to say “hi”
- Change a light bulb, take out the trash
- Water plants, plant flowers or tomatoes
- Walk a dog, feed a cat
- Drive a member to an appointment or meeting
- Pick up groceries or take a member shopping
- Prepare a light meal
- Help with repairs
- Clear away snow, turn on a drip system
- Teach someone how to text, Skype or Facetime with their grandkids
- Help in Santa Fe Neighbors/Vecinos office
- And so much more!

Our seniors need your help! Can you commit a few hours once or twice a month?

Join us and Make a Difference!



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VOLUNTEER INTEREST FORM

The success of Santa Fe Neighbors is founded on having a sufficient number of committed volunteers to meet the needs of our member community. Volunteers are the heart and soul of a successful Village, and we need your help to launch and grow. Your time and talents will be rewarded many times over.

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Primary phone _____ Cell phone _____

Email _____

If you are interested in being a volunteer for Santa Fe Neighbors, please indicate which assignments would be of most interest to you.

- Transportation
- Assistance with grocery shopping
- Friendly home visits or daily check-in phone calls
- Respite for care providers
- Errands for homebound members
- Easy meal preparation
- Minor home repairs or chores (light bulbs, trash removal, gardening, etc.)
- Help with computers, smart phones etc.
- Pet walking
- Administrative tasks with Santa Fe Neighbors organization

Other areas of interest: _____

Are you interested in volunteering for Santa Fe Neighbors?

Yes No Perhaps in the future

Your volunteerism is greatly appreciated.

Please return to:

Santa Fe Neighbors, Inc. • 518 Old Santa Fe Trail, Suite 1-213 • Santa Fe, NM 87505 • 505-204-5141
info@santafeneighbors.org • A 501-(C)3 organization • Member: Village-to-Village Network